



# German-Canadian Benevolent Society of BC

## HAUSPOST

### CHRISTMAS BAZAAR

SATURDAY, NOVEMBER 17, 2018, FROM 12 TO 4 PM



We cordially invite everyone to our annual Christmas Bazaar at the German-Canadian Care Home on November 17, 2018.

At the bazaar you can buy Christmas and gift items, honey, tablecloths, jewelry, preserves, Indigenous crafts, sweets and Christmas cookies, candles, German & English books, essential oils, paintings, crafts from various countries, stars, and hand lotion. There will also be coffee & cake and food & beverage stands with mulled wine, as well as a raffle and auction taking place.

#### Auction at 2:15 pm

Items at this year's auction include: an iPad mini 4 128GB, a Nespresso-Vertuo & Aeroccino 3, Vancouver Canucks vs. Dallas Stars (Saturday, December 1, 2018) tickets, Touch-down Corner Tickets to a 2019 BC Lions Regular Season Home Game, and a Spa Utopia Gift Card.

#### Raffle prize draw at 3:30 pm

In addition, you can win great prizes in our raffle drawing:

- **1-night stay + breakfast for 2 at the Granville Island Hotel**
- **1 case of steak and 1 turkey** from Sodexo
- **The Boathouse Restaurant gift certificate**

and much more.

We have enclosed raffle tickets should you wish to participate in this year's raffle. Simply fill in your name and phone number and return the tickets with payment in the enclosed envelope. The cost is:

**\$5 for 3 raffle tickets**

All prizes will be awarded on the day of the bazaar. Winners who are not present will be notified the week after the bazaar. We thank you in advance for your support and wish you good luck.

**Additional tickets are available at: Tel.: 604-713-6500 or email: [society@gcch.ca](mailto:society@gcch.ca).**

#### PASTRIES AND CHRISTMAS COOKIES DONATIONS

One of the most successful highlights at our bazaar every year is the sale of Christmas cookies. This comes as no surprise, as our volunteer bakers always make the most delicious cookies! Once again this year, we want to offer a big sale of cookies and need your cooperation. Therefore we ask families, employees, friends and members of the Society to help us by baking 1 dozen of your favourite Christmas pastries for our cookie sale. You can drop them off (unpacked) until the 15th of November. We will festively wrap the cookies for our sale. Please call the office at 604-713-6500. We hope for a lively participation. Thank you!

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## UPDATE ON THE REDEVELOPMENT PROJECT

In July of this year, the Society held an open house for the community and shared the design plans of the new care home building and overall project with neighbours. Visitors were invited to share their concerns and comments; this feedback was forwarded to City staff and is one of several activities the board has undertaken in preparation of the rezoning application. Residents, families and staff were recently informed that the care home continues operations at full capacity and will continue with new admissions until early 2019.

## ANNUAL GENERAL MEETING

On June 18th, 2018, the 53rd annual general meeting of the Society was hosted in the atrium. Before the meeting, the members and friends enjoyed German sausages with sauerkraut and music with the Edelweiss musicians during a cozy get-together. Following multiple presentations on the redevelopment project the Board, the CEO, the Outreach Program Committee, and the PR & Fundraising Committee presented their annual reports. Petra Kuret was elected to the board.



## JOIN OUR AUCTION AT THE CHRISTMAS BAZAAR

*Amazing prizes are waiting for you at our annual Christmas bazaar.*

***Saturday, November 17, 2018***

*Featuring Glühwein, table decorations, German food, Christmas baking, chocolates, jewelry, German and English books, raffle, auction, music, coffee and much, much more!*

## BOUQUETS

We are sad to leave the great care of the Berlin house, the auxiliary staff and the whole GCCH, though we look forward to mum being closer to us. We will miss the caring staff and atmosphere, your attention to mum's needs and wants and to informing and involving us made us feel at ease and we enjoyed visiting the home. We appreciate all that you have done for us and what you do—the care, compassion, empathy and joy you give the residents.

## THANK YOU FOR YOUR DONATIONS *DANK AN UNSERE SPENDER*

Oak leaves are placed on our donor wall in recognition of donations of \$500 and more. We thank the following donors for their generosity:

- Martin Holtz & Family
- Edmund Leck
- The 1988 Foundation
- Heinz & Margery D. Wilke

## WELLBEING AS A GOAL OF CARE

The approach to the care of seniors who live in a care home has been evolving during past years. Early pioneers include Professor Thomas Kitwood who described the “person centred care approach” over twenty years ago. Around the same time Dr. William Thomas developed the Eden Alternative™, a care philosophy that was created in response to the toll that institutionalization takes on seniors who live in long-term care homes. Over the past 20 years, care providers in many countries have acquired more and more knowledge about age related diseases and innovative care approaches but it has been more difficult translating this knowledge into the day to day operations of a long term care home.

There are many reasons for this; one of them relates to our view of aging, age related deficits and our view of dementia. The spectrum ranges from a purely biomedical perspective to a holistic, person-centred perspective. The person suffering from dementia slowly loses the ability to take care of themselves and exhibits behaviors that are difficult to understand and interpret by the people close to them.

In 2005, the Eden Alternative brought together a group of experts in geriatric care who produced a White Paper that challenges traditional quality of life measurements. Instead they developed 7 domains of wellbeing that are defined as identity, connectedness, security, autonomy, meaning, growth and joy. Rather than focusing on the resident’s deficits, the focus is on the person’s wellbeing. This is a strength-based approach to care; caregivers focus on the things a person suffering from dementia still can do, his or her abilities rather than disabilities.

This framework, the 7 domains of wellbeing, was further defined by Dr. Allen Power a geriatrician since 1984, who has dedicated his career to long term care and rehabilitation.

In the spring, staff at GCCH initiated the implementation of this framework through a multi pronged approach that includes the resident assessment process, care plan, staff work routines and collaboration among departments. This framework is applied in addition to the various therapeutic assessments as an overarching method with wellbeing as a goal of all care activities.

*Jutta Purchase, CEO*

## WELCOME TO THE SOCIETY

- John Hoelzl
- Maria Stanley
- Ruth & Bernhard Windisch

## SOCIETY OFFICE

After 16 years at GCCH, Ruth Windisch retired in October. The great work she did here ensures that she will not be forgotten anytime soon.

The Society office is now staffed by Susanne Freitag every Wednesday from 8 am to 4 pm and Thursday from 9 am to 5 pm. Susanne speaks German & English. You may phone her at 604-713-6562 or e-mail: [society@gcch.ca](mailto:society@gcch.ca)

## GERMAN-CANADIAN BENEVOLENT SOCIETY OF BC

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Website: [www.gcch.ca](http://www.gcch.ca)

## OUR MISSION:

“Providing quality care and support for the aging”

## BOARD OF DIRECTORS

Oliver Grüter-Andrew	President
Ulf von Dehn	Vice President
Mark Sulzberger	Treasurer
Petra Kuret	Director
Heike Roth	Director
Alex Sayn-Wittgenstein	Director
Carola von Hahn	Director
Richard Wittstock	Director
Jutta Purchase	CEO

## WISHLIST—*Wunschliste*

We continue to fundraise for two comfortable recliners with power controls for the special care units. These recliners are well used by many residents while they are relaxing in the lounge. We issue tax receipts for donations of \$10 and more.

### OUTREACH EVENTS

Liebe Mitglieder und Freunde, hier unsere Vorschau auf die nächsten Monate. Wir freuen uns auf Ihren Besuch und hoffen, dass etwas für Sie dabei ist.

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|--------------|---|
| 27. Oktober  | <b>Vortrag „Altern und das Herz“</b><br>Vortrag von Dr. Robert Shaw (auf Englisch). Dr. Robert Shaw ist seit vielen Jahren Internist im Krankenhaus in Delta. Nach dem Vortrag wird er Ihre Fragen zum Thema beantworten.   |
| 10. November | <b>Film „Die Glasbläserin“</b><br>Zwei Schwestern beschließen, ihr Schicksal in die eigene Hand zu nehmen, als sie aus Not heraus die Glasbläserei ihres Vaters weiterführen. Sie widersetzen sich damit alteingesessenen Traditionen. Der Film spielt um 1890 im Thüringer Wald. |
| 17. November | <b>Weihnachtsbazar</b>  |
| 24. November | <b>Märchenstunde</b><br>Alte Märchen vorgetragen von verschiedenen Teilnehmern. Wir hoffen, dass Sie sich auch am Erzählen beteiligen!  |
| 15. Dezember | <b>„Adventsfeier“</b><br>Wir feiern gemeinsam die Vorweihnachtszeit mit Weihnachtsliedern, Weihnachtsgeschichten und Gedichten.   |
| 12. Januar   | <b>Vortrag</b><br>Thema und Sprecher werden noch bekannt gegeben.   |
| 26. Januar   | <b>Film „Königswalzer“</b><br>Die romantische Komödie aus dem Jahr 1955 erzählt eine Randepisode der Märchenhochzeit von Kaiser Franz-Joseph und Prinzessin Sissi.  |
| 9. Februar   | <b>Vortrag</b><br>Vortrag von Dr. Florian Gassner, UBC: „Deutschland und Russland – Eine Kulturgeschichte“  |
| 23. Februar  | <b>Faschingsfeier</b><br>Mit Kostümen, Faschingsmusik und viel Spaß!!   |

Die Veranstaltungen finden bei Kaffee und Kuchen jeweils am Samstag um 14:00 Uhr im Deutsch-Kanadischen Pflegeheim statt. Bitte beachten Sie, dass sich das Programm ändern kann. Mit Fragen wenden Sie sich an Waltraud Custer Tel: 604-713-6562, E-Mail: outreachprogram@gcch.ca. Zusätzliche Informationen erhalten Sie auf unserer Webseite: [www.gcch.ca](http://www.gcch.ca). Herzlichen Dank unseren unermüdlichen ehrenamtlichen Helfern; nur durch ihr Mitwirken sind diese Veranstaltungen möglich! Bitte benutzen Sie den Eingang zum Atrium vom Parkplatz aus (ausgeschildert).