


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30 Ball Games 1 1:15 Hymn Sing 3:30 Games & Puzzles <small>Daylight Saving Time Ends</small>	10:30 Exercise 2 3:15 Reminiscing 5:45 Mandela & Meditation	9:30 Good Morning Music 3 10:15 Exercise 1:30 Dancercise 3:00 Beauty Group 5:45 Games & Puzzles	11:30 Ball Games 4 1:15 You Tube Karaoke 3:00 Bingo 3:00 Spiritual Song Circle 5:45 Sensory & Relaxation	10:15 Exercise 5 1:30 Walks & Talks 3:00 Creative Corner 5:45 Hand Massage 6:30 Evening Music	9:30 Good Morning Music 6 11:30 Ball Games 1:30 Happy Hour & Music 3:00 Virtual Family Visits	11:15 Exercise 7 1:30 Virtual Family Visits 3:00 Shuffleboard
11:30 Ball Games 8 1:30 Violin Music 3:30 Games & Puzzles	10:30 Exercise 9 1:30 Hymn Sing 3:00 Remembrance Day Service 3:15 Reminiscing 5:45 Mandela & Meditation	9:30 Good Morning Music 10 10:15 Exercise 1:30 Friendly Visits 2:00 Remembrance Day Tea 3:00 Beauty Group 5:45 Games & Puzzles	11:30 Ball Games 11 1:15 You Tube Karaoke 3:00 Movie and Trivia on Remembrance Day <small>Veterans Day Remembrance Day (Canada)</small>	10:15 Exercise 12 1:30 Walks & Talks 3:00 Creative Corner 5:45 Hand Massage 6:30 Evening Music	9:30 Good Morning Music 13 11:30 Ball Games 1:30 Happy Hour & Music 3:00 Virtual Family Visits	11:15 Exercise 14 1:30 Virtual Family Visits 3:00 Sing Along with Waltraud
11:30 Ball Games 15 1:15 Hymn Sing 3:30 Games & Puzzles	10:30 Exercise 16 1:30 Hymn Sing 3:15 Reminiscing 5:45 Mandela & Meditation	9:30 Good Morning Music 17 10:15 Exercise 1:30 Dancercise 3:00 Beauty Group 5:45 Sports Night on TV	11:30 Ball Games 18 1:15 You Tube Karaoke 3:00 Bingo 3:00 Spiritual Song Circle 5:45 Sensory & Relaxation	10:15 Exercise 19 1:30 Walks & Talks 1:30 Scenic Drive 3:00 Armchair Travel to London 5:00 Dinner Club- Fish & Chips 6:30 Evening Music	9:30 Good Morning Music 20 11:30 Ball Games 1:30 Happy Hour & Music 3:00 Virtual Family Visits	Christmas Fest 21 Curbside Food Pick Up
11:30 Ball Games 22 1:30 Violin Music in the Library 3:30 Games & Puzzles	10:30 Exercise 23 1:30 Hymn Sing 3:15 Reminiscing 5:45 Mandela & Meditation	9:30 Good Morning Music 24 10:15 Exercise 1:30 Christmas Tree Decorating 3:00 Beauty Group 5:45 Sports Night on TV	11:30 Ball Games 25 1:15 You Tube Karaoke 3:00 Bingo 3:00 Spiritual Song Circle 5:45 Sensory & Relaxation	10:15 Exercise 26 1:30 Walks & Talks 2:00 Birthday Party 3:00 Creative Corner 5:45 Hand Massage 6:30 Evening Music <small>Thanksgiving Day (US)</small>	9:30 Good Morning Music 27 11:30 Ball Games 1:30 Happy Hour & Music 3:00 Virtual Family Visits	11:15 Exercise 28 1:30 Virtual Family Visits 3:00 Sing Along with Waltraud
11:30 Ball Games 29 1:15 Hymn Sing 3:30 Games & Puzzles	10:30 Exercise 30 3:15 Reminiscing 5:45 Mandela & Meditation					

November 2020

Berlin Haus