

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Hamburg, Frankfurt & Dresden Haus

<p>9:30 Stretch & Relax 2:00 Music in the Garden</p> <p>4</p>	<p>9:30 Fun N' Fitness 10:30 Morning Trivia 1:30 Matinee Movie in the Atrium 3:30 Friendly Visits</p> <p>5</p> <p>Labor Day</p>	<p>9:30 Pump it Up 9:30 Bedside Exercises 10:30 Morning Trivia 1:15 Music & Memories 2:15 Ice Cream Social 3:00 German Visits 3:00 Mobile Tuck Shop 3:00 Creative Corner 5:00 Dinner Club-White Spot</p> <p>6</p>	<p>9:30 Fun N' Fitness 10:30 Java Music Club 1:15 Sing A Long 1:30 Beauty Group 3:00 Active Games</p> <p>7</p>	<p>9:30 Pump it Up 10:30 Java Music Club 1:30 Christian Fellowship Church in Atrium 2:15 Art Studio 3:30 Bingo 3:45 Musical Wish Hour 5:45 Documentary Night</p> <p>8</p>	<p>9:30 Fun N' Fitness 10:30 Friendly Visits 10:30 Sensory Alive 10:30 Music Around the World 1:30 Bowling 3:00 Pub Social & Music 5:30 Movie Night</p> <p>9</p>	<p>9:15 Stretch & Relax 9:45 News N' Views 11:15 Hymn Sing 2:00 Saturday Social with Leo Araujo</p> <p>3</p>
<p>9:30 Stretch & Relax 10:00 News N' Views 11:15 Christian Corner 2:00 Catholic Communion</p> <p>11</p> <p>Grandparents Day</p>	<p>9:30 Fun N' Fitness 11:15 Ball Games-Atrium 1:30 Brain Games 2:00 German Hour 3:00 Outside Walks 4:00 Card Games 5:45 Gardening</p> <p>12</p>	<p>9:30 Pump it Up 9:30 Bedside Exercises 10:30 Morning Trivia 10:30 Sensory Alive 1:15 Music & Memories 1:30 Baking 3:00 German Visits 3:00 Creative Corner 3:00 Mobile Tuck Shop 5:45 Relaxation & Mediation</p> <p>13</p>	<p>9:30 Fun N' Fitness 11:30 Lunch Trip to Rocky Point-Pajos Fish N' Chips 1:15 Sing A Long 1:30 Beauty Group 3:00 Shuffle Board</p> <p>14</p>	<p>9:30 Pump it Up 10:30 Java Music Club 1:30 Christian Fellowship Church in Atrium 2:15 Art Studio 3:30 Bingo 3:45 Musical Wish Hour 5:45 Armchair Travel to Poland</p> <p>15</p>	<p>9:30 Fun N' Fitness 10:30 Friendly Visits 10:30 Sensory Alive 10:30 Music Around the World 1:30 Bowling 3:00 Pub Social & Music 5:30 Movie Night</p> <p>16</p>	<p>9:15 Stretch & Relax 2:00 Saturday Social with Brian Zalo in the Lounge</p> <p>17</p> <p>Oktobefest Begins</p>
<p>9:30 Stretch & Relax 10:00 News N' Views 11:15 Christian Corner 1:30 Crossword 3:30 Victoria Drive Gospel Hall</p> <p>18</p>	<p>9:30 Fun N' Fitness 11:15 Ball Games-Atrium 1:30 Brain Games 2:00 German Hour 3:00 Outside Walks 4:00 Card Games 5:45 Gardening</p> <p>19</p>	<p>9:30 Pump it Up 9:30 Bedside Exercises 10:30 Sensory Alive 10:30 Morning Trivia 1:15 Music & Memories 2:15 Autumn Hat Month High Tea Social 3:00 Mobile Tuck Shop 5:00 Dinner Club-Pizza</p> <p>20</p>	<p>9:30 Fun N' Fitness 10:30 Java Music Club 1:15 Sing A Long 1:30 Beauty Group 3:00 Active Games</p> <p>21</p>	<p>9:30 Pump it Up 10:30 Java Music Club 1:30 Christian Fellowship Church in Atrium 2:15 Art Studio 3:30 Bingo 3:45 Musical Wish Hour 5:45 Documentary Night</p> <p>22</p> <p>Autumn Begins</p>	<p>9:30 Fun N' Fitness 10:30 Friendly Visits 10:30 Sensory Alive 10:30 Music Around the World 1:30 Bowling 3:00 Pub Social & Music 5:30 Movie Night</p> <p>23</p>	<p>9:15 Stretch & Relax 9:45 News N' Views 11:15 Hymn Sing 2:00 Willingdon Church 3:30 Friendly Visits 5:45 Open Leisure</p> <p>24</p>
<p>9:30 Stretch & Relax 2:00 Music in the Garden</p> <p>25</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Fun N' Fitness 11:15 Ball Games-Atrium 1:30 Brain Games 2:00 German Hour 3:00 Outside Walks 4:00 Card Games 5:45 Gardening</p> <p>26</p>	<p>9:30 Pump it Up 9:30 Shopping Trip to Walmart 1:15 Music & Memories 2:15 Birthday Party 3:00 German Visits 3:00 Creative Corner 5:45 Relaxation & Mediation</p> <p>27</p>	<p>9:30 Fun N' Fitness 10:30 Java Music Club 1:15 Sing A Long 1:00 Bus Trip- Coffee in Fort Langley 1:30 Beauty Group 3:00 Active Games</p> <p>28</p>	<p>9:30 Pump it Up 10:30 Java Music Club 1:30 Christian Fellowship Church in Atrium 2:15 Art Studio 3:30 Bingo 3:45 Musical Wish Hour 5:45 Armchair Travel to Peru</p> <p>29</p>	<p>9:30 Fun N' Fitness Visits 10:30 Sensory Alive 2:00 National Day of Truth & Reconciliation</p> <p>30</p>	<p>Spiritual Care Visits Wednesday & Friday from 9:30-12:30pm</p>