

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Fun & Fitness <b>1</b> 11:15 Ball Games 1:30 Brain Games <b>2:00 German Hour</b> 3:00 Silent Disco 4:00 Cards & Games  <small>May Day</small>	9:30 Pump it Up <b>2</b> 9:30 Bedside Exercises 10:30 Java Music Club 1:00 Gardening 1:30 Baking 1:30 Men's Club 3:00 Choir Practice 3:00 German Visits 3:30 Mobile Tuck Shop <b>5:00 Fine Dining</b>	9:30 Fun N' Fitness <b>3</b> 10:30 Sensory Alive 1:15 Sing Along 1:30 Creative Corner 5:45 Name that Tune	9:30 Pump it Up <b>4</b> <b>1:30 Christian Fellowship</b> 3:15 Bingo 3:45 Musical Wish Hour <b>6:00 Art Show- Celebration of Creativity. Art made by Resident of GCCH located in the Atrium</b>	10:30 Music Around the World <b>5</b> 11:15 Sensory Alive 1:30 Active Games <b>3:00 Cinco de Mayo Pub Social</b> <b>5:45 Armchair Travel to Mexico</b>  <small>Cinco de Mayo</small>	9:30 Fun N' Fitness <b>6</b> 10:30 Gardening 10:30 Sensory Alive <b>2:00 Saturday Social with Brian Zalo</b> 3:30 Friendly Visits 4:00 Cards & Games
930 Stretch & Relax <b>7</b> 10:00 News N' Views 11:15 Christian Corner 1:30 Movie & Matinee <b>2:30 Catholic Communion</b> 3:00 Friendly Visit	9:30 Fun & Fitness <b>8</b> 11:15 Ball Games 1:30 Brain Games <b>2:00 German Hour</b> 3:00 Silent Disco 4:00 Cards & Games 5:45 Reading Group	9:30 Pump it Up <b>9</b> 9:30 Bedside Exercises 10:30 Java Music Club 1:00 Gardening 1:30 Outdoor Walks 1:30 Men's Club 3:00 Choir Practice 3:30 Mobile Tuck Shop 5:45 Meditation & Relaxation	9:30 Fun N' Fitness <b>10</b> 10:30 Sensory Alive <b>1:30 Queen Elizabeth Park-Bloedel Conservatory</b> 1:15 Sing Along 5:45 Vinyl Cafe	9:30 Pump it Up <b>11</b> 10:30 Java Music Club <b>1:30 Christian Fellowship</b> <b>2:00 Art Studio</b> 3:15 Bingo 3:45 Musical Wish Hour 5:45 Documentary Hour	9:30 Chair Zumba <b>12</b> 10:30 Beauty Group 10:30 Music Around the World 11:15 Sensory Alive 1:30 Active Game 1:30 Flower Arranging <b>3:00 Pub Social</b> 5:45 Movie & Popcorn	9:30 Fun N' Fitness <b>13</b> 10:30 Sensory Alive <b>2:00 Saturday Social with Peter Campbell</b>
<b>8:15 Mother's Day Breakfast</b> <b>14</b> 9:30 Stretch & Relax 11:15 Christian Corner <b>1:30 Mother's Day Trivia</b> 3:00 Gardening  <small>Mother's Day National Skilled Nursing Week</small>	9:30 Fun & Fitness <b>15</b> 11:15 Ball Games 1:30 Brain Games <b>2:00 German Hour</b> 3:00 Silent Disco 4:00 Cards & Games 5:45 Reading Group	9:30 Pump it Up <b>16</b> 9:30 Bedside Exercises 10:30 Java Music Club 1:00 Gardening 1:15 Outdoor Walk <b>2:15 Mother's Day Tea</b> 3:30 Mobile Tuck Shop <b>5:00 Dinner Club- Greek Food</b>	9:30 Fun N' Fitness <b>17</b> 10:30 Sensory Alive 1:15 Sing Along 1:30 Creative Corner 5:45 Name that Tune	9:30 Pump it Up <b>18</b> 10:30 Java Music Club <b>1:30 Christian Fellowship</b> <b>2:00 Art Studio</b> 3:15 Bingo 3:45 Musical Wish Hour <b>Armchair Travel to England</b>	9:30 Fun N' Fitness <b>19</b> 10:30 Music Around the World 11:15 Sensory Alive 1:30 Active Games <b>3:00 Pub Social</b>	9:30 Fun N' Fitness <b>20</b> 10:30 Gardening <b>2:00 Saturday Social with Peter Paulus</b> 3:30 Friendly Visits 4:00 Cards & Games  <small>Armed Forces Day</small>
930 Stretch & Relax <b>21</b> 10:00 News N' Views 11:15 Christian Corner 1:30 Crossword <b>3:30 Victoria Drive Gospel Hall</b>	9:30 Fun & Fitness <b>22</b> 10:30 Morning Trivia 1:30 Victoria Day Program  <small>Victoria Day (Canada)</small>	9:30 Pump it Up <b>23</b> 9:30 Bedside Exercises 10:30 Java Music Club <b>1:30 St. Mark's Lutheran Church</b> 1:30 Outdoor Walks 1:30 Men's Club 3:30 Mobile Tuck Shop 5:45 Meditation & Relaxation	9:30 Fun N' Fitness <b>24</b> 10:30 Sensory Alive <b>11:30 Pajo's Fish N' Chips at Rocky Point</b> 5:45 Vinyl Cafe	9:30 Pump it Up <b>25</b> <b>1:30 Christian Fellowship</b> <b>2:00 Art Studio</b> <b>5:30 Volunteer Appreciation</b>  <small>Shavuot Begins</small>	9:30 Chair Zumba <b>26</b> 10:30 Beauty Group 11:15 Sensory Alive 1:30 Bowling <b>3:00 Pub Social</b> 5:45 Movie & Popcorn	10:30 Ball Games <b>27</b> 11:15 Morning Trivia 1:15 Gardening <b>2:45 Willingdon Church</b> 4:00 Cards & Games
930 Stretch & Relax <b>28</b> 10:00 News N' Views 11:15 Christian Corner 1:30 Crossword 3:00 Creative Corner	9:30 Fun & Fitness <b>29</b> 11:15 Ball Games 1:30 Brain Games <b>2:00 German Hour</b> 3:00 Silent Disco 4:00 Cards & Games 5:45 Reading Group  <small>Memorial Day</small>	9:30 Pump it Up <b>30</b> 9:30 Bedside Exercises 10:30 Java Music Club 1:30 Baking 1:30 Men's Club <b>3:00 Birthday Bash</b> 3:30 Mobile Tuck Shop <b>5:00 Dinner Club Pizza</b>	9:30 Shopping Trip <b>31</b> 1:15 Sing Along 1:30 Creative Corner 3:00 Active Game 5:45 Name that Tune	<h1>May 2023</h1> <h2>Frankfurt, Hamburg &amp; Dresden Haus</h2>		