



MAPLE OAK NEWS

A NEWSLETTER FOR RESIDENTS AND FAMILIES OF THE
GERMAN-CANADIAN CARE HOME



Dear Residents, Families and Friends,

Spring is here and with it everyone, including our residents, is starting to spend more time outside, enjoying the blooming trees, flowers and more daylight hours.

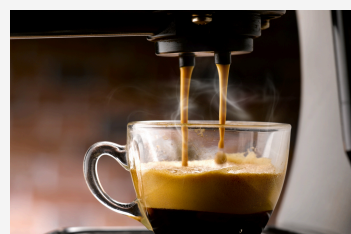
During the past few weeks we have implemented mandatory sign-in sheets at the main entrance for all visitors to the care home to increase resident and staff safety. As part of this, we also ask visitors to include their license plate if they are parked in the care home parking lot to encourage compliance with parking regulations and to grant access to handicap parking spots for those who need them. During the summer months, several exterior doors will remain open until 9pm.

Room Service Menu

Last year, we conducted a survey asking for residents' and families' opinions about the food we offer at the care home. Many great suggestions were made that inspired us to implement a Room Service Menu. Residents now have the opportunity to order a few specific food items whenever they feel like having a small meal or snack.

- Mac & Cheese
- Different kinds of sandwiches
- Chicken Pot pie or hot dogs
- And their favorite dessert: ice cream

This addition to our services has become surprisingly popular among our residents. We are continuously tracking the orders and evaluating the feedback. Additionally, we added a Nespresso Machine to the library where residents and their visitors are welcome to prepare themselves a fresh cup of coffee at their convenience.



Resources for residents and families

Saeideh Khakshour, our Director of Care, recently appeared in a video talking about how the German-Canadian Care Home partnered with Health Excellence Canada (HEC) to reduce anti-psychotic medications given to residents with dementia.

Please visit our YouTube Channel <https://www.youtube.com/@German-CanadianCareHome> to watch the complete video and learn more about this initiative.





More autonomous activities

As part of our ongoing Quality Improvement program, we have increased the number and variety of activities that residents and their visitors can participate in without the support of recreation or care staff. This initiative offers residents and families more leisure activities and choice. We added a new 75-inch TV for residents in the library, so they can choose their favorite program or watch movies within a smaller group. No more fighting over the remote!

Additionally, we completely transformed one area of the main dining hall into a Recreation & Arts Corner. It is equipped with a large table, multiple chairs, new lights, a chalk wall for creative outlet and all kinds of games and puzzles. Next, we will set up another seating area close to the main entrance where residents can enjoy the presence of others while simultaneously watching some relaxing TV programs.

Upcoming Events

- May 8: Volunteer Appreciation
- June 13: Staff Appreciation
- June 16: Annual General Meeting
- June 26: Canada Day BBQ
- August 16: Family Day
- November 15: Christmas Fest

