

## Resources & Links

- **Alzheimer Society of BC** – 1-800-936-6033 (dementia helpline) / <https://alzheimer.ca/bc/en>  
(provide information, resources, support groups, education)
- **Adaptive Clothing** - <https://www.silverts.com/>
- **BC Seniors Advocate** - 1-877-952-3181 (info & referral line) / <https://www.seniorsadvocatebc.ca/>  
(provides resources, information)
- **Bloom Group** - 604-606-0300  
<https://www.thebloomgroup.org/our-work/adult-guardianship/>  
(an adult guardianship program to manage the income of low-income seniors who are no longer able to care for their own financial needs)
- **Checklist BC - After a Death**  
[https://www2.gov.bc.ca/assets/gov/birth-adoption-death-marriage-and-divorce/deaths/after-a-death/after\\_death\\_checklist.pdf](https://www2.gov.bc.ca/assets/gov/birth-adoption-death-marriage-and-divorce/deaths/after-a-death/after_death_checklist.pdf)
- **Companion Services – Home Instead**  
[https://burnabyvancouverseiniorcare.ca/?gad\\_source=1&gclid=EAlaIQobChMImrHUM\\_zKiQMVOCitBh0YXTLmEAAAYASAAEgIrxFD\\_BwE](https://burnabyvancouverseiniorcare.ca/?gad_source=1&gclid=EAlaIQobChMImrHUM_zKiQMVOCitBh0YXTLmEAAAYASAAEgIrxFD_BwE)
- **Counselling (multilingual/individual & Family counselling) – SUCCESS** / 604-684-1628  
<https://successbc.ca/counselling-crisis-support/services/counselling/>  
(provides counselling in Mandarin, Cantonese, Korean, Farsi, and English)
- **Counselling (phone only) – Wellness Together Canada** / 1-866-585-0445 / <https://www.wellnesstogether.ca/en-CA/service/talk>  
(provides free phone counselling 24/7)
- **Counselling (grief/loss) – Living Through Loss Counselling Society of BC** / 778-931-5013  
<https://livingthroughloss.ca/counselling/>  
(provides counselling, support groups)
- **CPP Death Benefit**  
<https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-death-benefit.html>
- **Dementia Care Resources**
  - **When Your Loved One Has Dementia Roadmap**  
[https://divisionsbc.ca/sites/default/files/user/pedney/Dementia%20Booklet%20v23\\_FNL%20Aug\\_23\\_2018\\_electronic.pdf](https://divisionsbc.ca/sites/default/files/user/pedney/Dementia%20Booklet%20v23_FNL%20Aug_23_2018_electronic.pdf)
  - **Dementia Video Series** *Sharing the Journey: Practical Approaches to Caring for a Loved One With Dementia* <https://www.islandhealth.ca/learn-about-health/seniors/dementia-video-series>
  - **WorkSafeBC Working with People with Dementia** <https://www.worksafebc.com/en/health-safety/industries/health-care-social-services/topics/working-with-people-with-dementia>
- **Family Caregivers of BC** – 1-877-520-3267 / <https://www.familycaregiversbc.ca/>  
(provides support, information, resources)
- **Funeral Providers**
  - **First Memorial Funeral Services** – 236-304-5936 / <https://www.dignitymemorial.com/funeral-homes/north-vancouver-bc/first-memorial-funeral-services/3801>
  - **Just Cremation** – 604-856-2346 / <https://justcremation.ca/>

- **A Simple Cremation** – 604-809-2006 / [https://www.asimplecremation.ca/?gclid=EAlaIQobChMI3Zzv6czQ-AIV\\_2pvBB0gsAcfEAAyAiAAEgK81PD\\_BwE](https://www.asimplecremation.ca/?gclid=EAlaIQobChMI3Zzv6czQ-AIV_2pvBB0gsAcfEAAyAiAAEgK81PD_BwE)
- **Forest Lawn** – 778-657-6092 / [https://www.dignitymemorial.com/en-ca/funeral-homes/burnaby-bc/forest-lawn-funeral-home/3605?utm\\_source=google\\_my\\_business&utm\\_medium=organic](https://www.dignitymemorial.com/en-ca/funeral-homes/burnaby-bc/forest-lawn-funeral-home/3605?utm_source=google_my_business&utm_medium=organic)
- **Riverside Funeral** – 604-940-1313 / <http://riversidefuneral.com/>
- **Ocean View Funeral** – 778-657-5668 / [https://www.dignitymemorial.com/en-ca/funeral-homes/burnaby-bc/ocean-view-funeral-home/3644?utm\\_source=google\\_my\\_business&utm\\_medium=organic](https://www.dignitymemorial.com/en-ca/funeral-homes/burnaby-bc/ocean-view-funeral-home/3644?utm_source=google_my_business&utm_medium=organic)
- **Province of BC (Advance Care Planning)** - <https://www2.gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/advance-care-planning>  
(provides information, forms)
- **Province of BC (Incapacity Planning)** - Representation Agreement 7 & 9 and Enduring POA  
<https://www2.gov.bc.ca/gov/content/health/managing-your-health/incapacity-planning>  
(provides information, forms)
- **Public Guardian and Trustee of BC** – 604-660-4444 (general inquiries)  
<https://www.trustee.bc.ca/Pages/default.aspx>  
(provides financial management & personal decision-making services for adults, estate & personal trust services)
- **Seniors First BC** – 604-336-5653 (general inquiries) or 1-866-437-1940 (abuse & info line)  
<https://seniorsfirstbc.ca/>  
(provides elder advocacy, support, resources)
- **Wills** – (low cost, online) - <https://www.willful.co>